

S E P T E M B E R 2 0 1 1

RMT Update

Regional Management Team



Benefits of Singing

Twillia Duvall

Team Coordinator

Bev DuPont

Financial Coordinator

Diane Huber

Education Coordinator

Linda Gross

Communications Coordinator

Judy Kaeser

Membership Coordinator

Peggy Leon

Marketing Coordinator

Becky McDuffee

Directors' Coordinator

Joan Roberts

Events Coordinator

The July issue of the Pitch Pipe has two articles of note. One is the Life-Affirming Benefits of Singing, which contains great research references to the benefits of singing. We thought we did this just for our love of harmony – in fact singing releases endorphins, which in turn, makes you feel energized and uplifted. Singing lifts moods and clears the “blues,” and I could go on and on with references from the article.

Please read this article and use this information as a recruiting tool as you talk with your friends of the benefits of membership. The oldest member in the Sweet Adeline organization is **Mary Ella Merrick** from Port City Pearl, right here in Region 5. She turned 105 years old last May and is still an active singing member of the chorus. WOW! Mary Ella received nearly 300 birthday greetings in May from Sweet Adelines and special friends from all around the WORLD. She is an example of “singing keeping a person young.”



The other article of note in the Pitch Pipe has to do with the Global Expansion Program. The recent Webinar announced and demonstrated the use of the **Ad Builder**, which will assist in putting together print information. The Marketing Center has been updated with the Global Open House information, which is planned for January, 2012.



It is hoped that every chorus in the Sweet Adeline organization will be holding an open house during the month. The Region will be posting your choruses events on our Regional Website. Use Facebook for your chorus to broadcast what is going on in your chorus.



Like us!

If you attended the music school in Peoria – I'm sure you would agree that Jim and Renee were a great team at providing a fun-filled singing weekend. The Regional Management Team makes every effort to provide meaningful education and would like to invite all attendees to complete our survey today, if you haven't already!

<http://www.surveymonkey.com/s/MusicSchool2011>

Thanks for participating!



Follow us!



Next summer watch for 5ES, (Region 5 Education Symposium) with great education and opportunity for signing up for different learning track options.

August 3 & 4, 2012!

real women.
real harmony.
real fun. 

DYK

- ♪ **First time Quartet?** Your Quartet can still get the feel of competing on the big stage by singing for Evaluation Only!
- ♪ **As announced in *the Pitch Pipe*, regional competition information packets containing competition entry forms and general information will only be available in electronic format.** An additional reminder of this change will be emailed to all chorus presidents and quartet contacts later this month. E-Packets will be emailed in December and posted on our website. Links to the chorus and quartet packets will be posted on our regional Web page as well.
- ♪ **Spring contest** will be in the ballroom of the Crowne Plaza. No busing, No driving. Woo Hoo!

♪ **Does your Quartet want to compete** in March? You have to first be registered with International. January 1st is the deadline to register as an official Sweet Adelines Quartet.

♪ **Applications** are being accepted for the RMT for the following positions: Communications, Education, Membership, and Team coordinators.

♪ **If your chorus** wants to sing "Why Do Fools Fall In Love" legally, you may pay the copyright fee for those who did not attend the music school. The cost is \$2.50 per copy, sent to Bev DuPont, Regional Financial Coordinator.

Bev DuPont
1021 Amsterdam Dr.
Ballwin, MO 63011

This is a new Regional song that we will continue to sing at Regional gatherings.

♪ Deadline is October 25th, **contact Judy Kaeser**, Chair of Nominating Committee with any questions.