

SPIRIT OF THE MIDWEST REGION 5

46th Annual Convention and Competition

April 7th-10th, 2022

<https://www.sairegion5.org/dbpage.php?pg=contestinformation>

COVID TESTING FAQ

What kinds of tests are allowed?

- Any test that is a PCR test or NAAT test is allowed
- PCR tests are more accurate than others, with fewer instances of false-positives and false-negatives
- Some PCR tests take 2-3 days for results, while others can have results in an hour. Any PCR test is fine!

What kinds of tests should we not use?

- Avoid antigen tests which have an increased chance of false negatives
- Avoid home tests. We have no way to know when or who took a home test when the results are presented to us and home tests are less accurate than laboratory tests.

When should I get my test?

- It is recommended that you test on Monday, April 4th or Tuesday, April 5th to ensure that your test results arrive in time. You can test either day regardless of when you plan to arrive in Cedar Rapids.

A guest is coming to watch my performance, do they need to test too?

- Yes, all guests must also have a negative Covid test to attend any performances.
- It must also be a PCR test.

Does testing cost money?

- Every community has tests that are free of cost to the public. Check out CVS, Walgreens, and your county health department.
- There are laboratories that charge for testing if you would prefer to use them, but it is not necessary to spend money to get tested.

How do I show my results?

- You will show your results at the registration table when you pick up your AEP. It will be located right outside the boutique at the DoubleTree Hotel. Don't worry, there will be lots of signs!
- You can show your results in multiple ways as long as the date and your name are clearly shown: show an email of your results on your phone, print out your results, show a picture or screenshot of your results.
- Your results will not be collected and stored. We will only be making a checkmark next to your name that you showed your negative results.

What if I had Covid in the last month and I am still testing positive after all my symptoms have disappeared and my quarantine period has passed?

- It is possible to test positive even weeks after initially contracting Covid. If you have isolated for a full 10 days after the onset of your symptoms and no longer have symptoms, but you still test positive, please reach out to Megan Gerwick at region5crc@gmail.com.